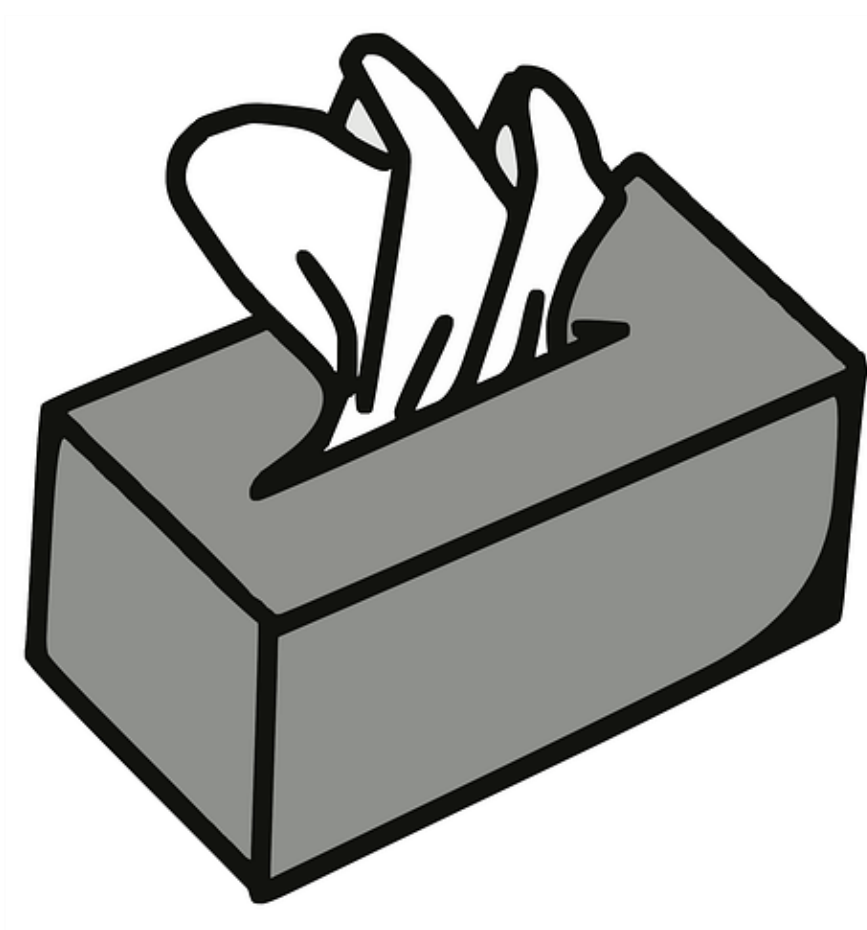


I Hate Being Sick!



By

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"Ha... CHOOOOOOO!"

I HATE TO BE SICK!

"O No! I have a cold don't get too close!

I don't know where it came from?

I Hope Not From YOU!"

"HA...CHOOOOOOO! I Hate to Be Sick!"

Maybe it's when I touch my eyes, nose or was it my mouth?

When I was playing with blocks with Tommy Fuller, who was sneezing, coughing and not

covering his mouth.

Now I have a "**HA...CHOOOOOOOO...A.....COLD!**"

"HA...CHOOOOOOOO! I HATE TO BE SICK!"

I sneeze all the time! Mommy said to sneeze in a tissue.

O No! No tissues in sight! In my shoulder I go,

"HA...CHOOOOoooooo!"

I never sneeze in my hands, unless I wash them real **FAST**.

"HA...CHOOOOOOOO! I HATE TO BE SICK!"

I try never to have a pocket full of snotty tissues,

It's Sticky, **SICK**, and **GROSS!**

I flush them down the toilet and say, good-bye ugly germ!

"HA...CHOOOOoooooo! I HATE TO BE SICK!"

When I'm sick and feeling miserable, Mommy and Daddy hugs are always welcomed.

Sometimes late at night I hear my parents pacing the floors, because my temperature went up a little.

"HA...CHOOOOoooooo! I HATE TO BE SICK!"

Mommy said lot of fluid when you have a cold!

Yummy! Chicken soup with lots of noodles is served on the hour.

Don't forget the fruit pops, shakes and chocolate pudding to help smooth the ouches.

"HA...CHOOOOoooooo! I HATE BEING SICK!"

Mommy cleans everything, now that I'm sick!

Railings, counter tops, doorknobs and such.

As I sit wrapped in a blanket all bundled up.

She airs out the house, when weather permits.

I cannot go outside, until I'm all better and all fixed.

"Ha... CHOOOOOOO! I HATE TO BE SICK!"

Finally one day, I'm feeling a hundred percent better!

O Goodie! The cold germ has finally left! I hope forever?

I scream with delight and hop for joy!

I stop to think! *Where did that bad cold germ go, after it left me?*

SHhhhhh.....! **"Beware You Could be Next?"**

PROTECT YOURSELF FROM THAT BAD COLD GERM!

PLEASE FOLLOW MY (MOMMY) ADVICE!

Germ's linger here and there and everywhere,

Don't be surprise if it's on your mirror.

"I HATE TO BE SICK!"

After going potty, wash your hands with warm water and anti-bacterial soap.

While singing Happy Birthday... to you!

Without complaining just washing and singing.

As the germs go down the drain!

"I HATE TO BE SICK!"

Don't forget to take a bath or shower it helps fight those terrible germs
By soaping up and washing it will make you squeaky-clean like my **SQUEAK-- SQUEAK**
rubber duck Quack-Quack.

"I HATE TO BE SICK!"

Mommy said, " Eat your vegetables, fruits, protein and dairy products with every meal to make
you strong like an action hero. Don't forget to take your animal shape vitamin in the morning.
They will make your body strong to fight off those terrible cold germs!"

"I HATE TO BE SICK!"

Mommy said, "You must always wash before and after you eat, even when cutting out sugar
cookies or shredding cheese, please!"

"I HATE TO BE SICK!"

Don't ever share your drinking cup, straw, and silverware it causes the spread of the terrible
germs. **YUCK!**

"I HATE TO BE SICK!"

I hope you take my Mommy and my advice and fight those terrible germs!

"Ha... CHOOOOOOO!"

O No! Someone is sneezing and coughing the cold germ is traveling!

WATCH OUT it's looking for a HOST I Hope NOT YOU or ME!

Happy Birthday to me, Happy Birthday to me.....

THE END

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